



RSE in St Lawrence
Catholic Primary School.

Prayer

Father,

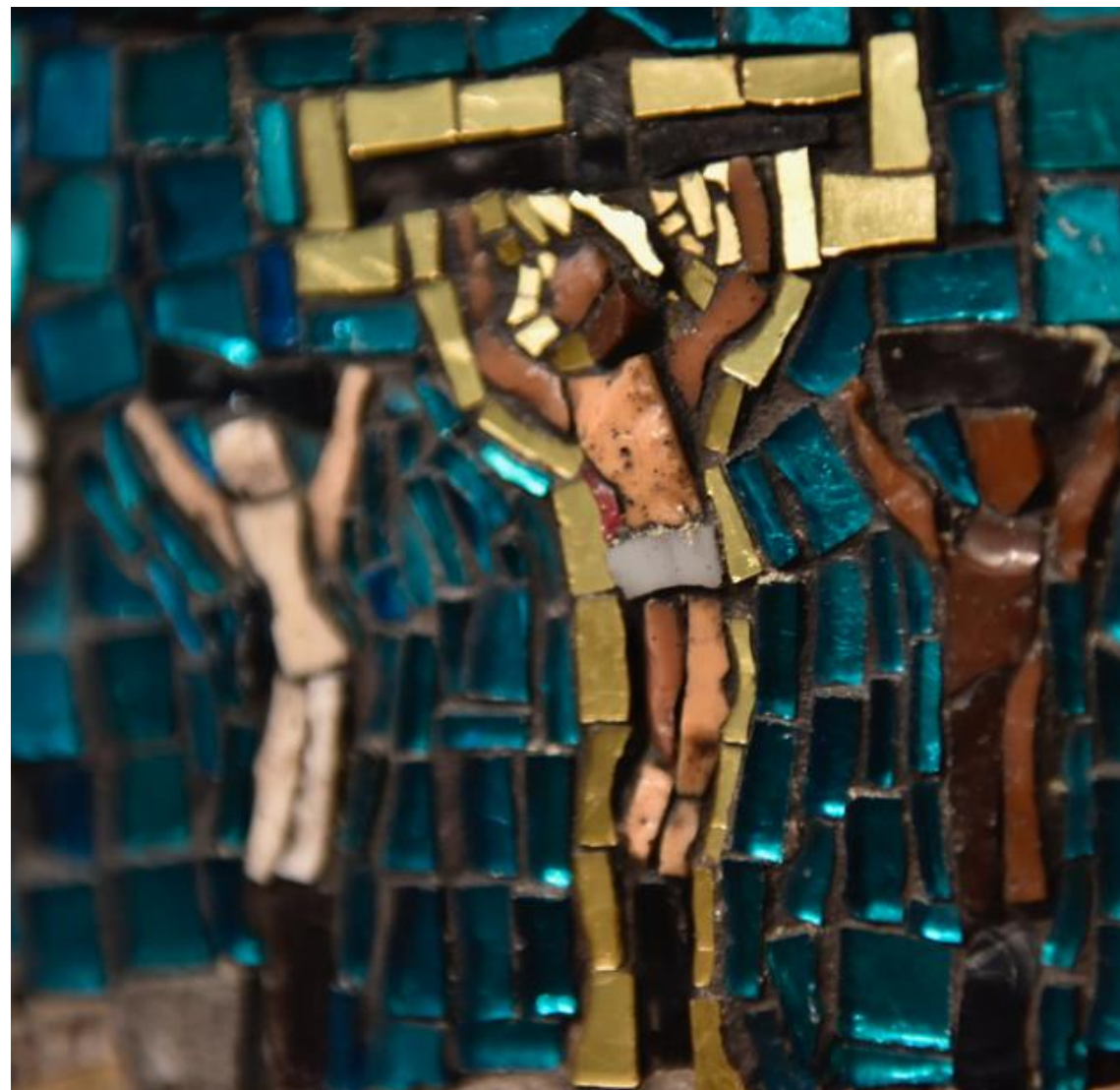
Thank you for your great love for us. You sent your only Son to live with us and show us how to love.

As we explore teaching about relationships to the young people in our school, help us to keep them and Christ at the centre of our minds.

May The Holy Spirit bring us wisdom and peace in guiding our conversations.

We commend to you our words and actions.

Amen

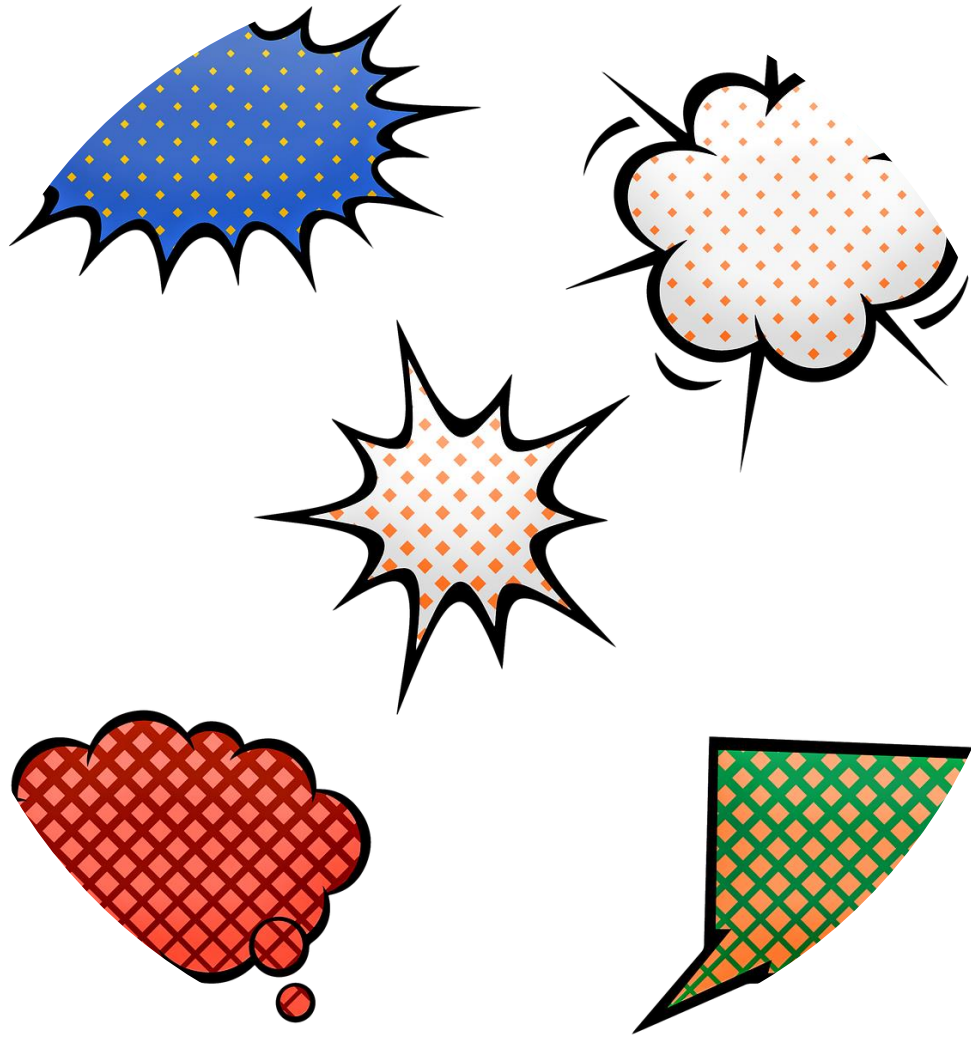


Objectives:

- To explore why RSE (Relationship and Sex Education) is important.
- To share the statutory requirements of RSE.
- To share the Curriculum and supporting documents from the Catholic Education Service.
- To give an overview of the policy consultation process.

What was your
experience of RSE?





What do you want
for your children?

What do
your children need?

Why is RSE important?

- Majority of parents support RSE.
- Some parents say that RSE was the responsibility of parents, and that they welcome the right they have (enshrined in current law) to withdraw their child from Sex education lessons
- Most of the young people disagreed, stressing that their parents have not in fact taught them!
- Many parents/carers don't discuss RSE as much as they wish to!

Why is RSE important?

- Research show that effective, honest, well-delivered sex and relationship education:
 - Delays a young person's first experience of sex
 - Means they have fewer sexual partners
 - Reduces the chance of teenage pregnancy.

(Unesco – international technical guidance on sexuality education)

The world in which they live

- Social media
- Celebrity culture & Media influences
- Unrealistic body images –TV, advertising, online
- AI and deep fakes
- Access to pornography
- Online safety & behaviour, sexting, vulnerability to grooming
- Impact above all on children and young people's attitudes, behaviour and values

What we can offer through RSE:

- Understanding their value and the values of others.
- Instilling confidence and self-esteem.
- Reliable, correct information in a safe learning environment
- Knowing how to keep safe and how to get help.
- Helping with peer pressure.
- Learning how to make sensible and informed decisions in a changing cultural climate.
- Understanding the positive impact of loving God, self, neighbour and our common home.

Statutory RSE



Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies,
proprietors, head teachers, principals, senior
leadership teams, teachers

Primary Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them.

In an age-appropriate way, St Lawrence will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further details by searching '**relationships, sex and health education**' on GOV.UK.

Primary Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

You can find further details by searching '**relationships, sex and health education**' on GOV.UK.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

(The science curriculum in all primary schools also includes content on human development, including reproduction, which there is no right to withdraw from.)

Vision for Relationship and Sex Education in Westminster Catholic Schools

It is our vision for Relationship and Sex Education in Catholic Schools in the Diocese of Westminster that pupils would learn how to foster healthy relationships and friendships in light of the wisdom of the Church.

Pupils will flourish when they truly understand their innate human dignity, love and appreciation of themselves, including respect for their bodies, and the way they were made by God.

Pupils will learn to make sensible and informed decisions in a changing cultural climate, focussing on the virtues, such as patience and chastity, that ultimately lead to true happiness.

Sacred Scripture is key to this vision and the message Jesus gave us to love God, self, neighbour and our common home.

RSE in our schools must always remain faithful to the teaching of the Church, recognising the diversity of pupils' situations. We aim to be sensitive to each individual, ensuring that their physical and emotional well-being and their safety are of paramount importance.



Catholic Education Service- RSE Documents

- Model Curricula
- Who is responsible for delivering RSE?

“RSE is part of the mission of Catholic schools to educate the whole person. It should be carried out as part of the holistic education which seeks to form as well as inform young people in preparation for adult life.” (CES)

Pedagogical principles

‘it must, above else, qualify as good education’.

- *Model Curriculum page 1*

Progressive and developmental

Differentiated

Cross curricular

Integrated

Coordinated

Balanced

Pedagogical principles

'...Led to a deeper and fuller understanding by degrees at a rate which corresponds to their maturing'

Progressive and developmental

Pedagogical principles

RSE is sensitive to the different needs of individuals and taught in a way that allows access to pupils at different stages of cognitive and emotional development'

Differentiated

Pedagogical principles

'Each discipline should speak with consistency about the meaning of human love and the virtues that are enshrined in the Church's teaching on human love.'

Cross curricular

Pedagogical principles

‘This can only be achieved if the home, parish and school work to integrate the teaching of RSE’

Integrated

Pedagogical principles

None of these educational goals are possible if RSE is not given the time and importance it deserves by those who plan and implement its delivery in school. RSE must be taken seriously by school leaders; led properly by someone who has the time and expertise to co-ordinate the subject with dedication and commitment at a senior level; taught by those committed to doing it well; taught as part of a whole-school approach by those who are able to celebrate – not merely tolerate – the teaching of the Church on love and human sexuality.

Coordinated

Pedagogical principles

Whilst promoting Catholic virtues, schools should ensure that children and young people are offered a broad and balanced RSE programme which provides them with clear factual, scientific information when relevant and meets the statutory requirements placed on schools.



Balanced

Model Curricula

- A model RSE Curriculum for Primary
- A model RSE Curriculum for Secondary

3 themes

- Created and loved by God
- Created to love others
- Created to live in community

Created and loved by God

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

- Education in virtue
- Religious understanding of the human person: loving myself.
- Me, my body and my health
- Emotional wellbeing and attitudes
- Life cycles and fertility

Created to love others

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality

- Education in virtue
- Religious understanding of human relationships: Loving others
- Personal Relationships
- Keeping Safe and People Who Can Help Me

Created to live in community

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

- Education in virtue
- Religious understanding of the importance human communities
- Living in the wider world

Education in Virtue

Each theme begins with a statement of the virtues which are necessary to living well in relationship with others and these virtues **should underpin the teach habits which are learned from experiencing but also should emerge as a consequence of it**. Virtues are, and are gained through imitation the same virtues being **modelled by those who teach**. They express the qualities of character that schools **should seek to develop in their pupils**, through their exemplification by the whole community of which the pupils are a part. These virtues reflect our Christian tradition but they are also, of course, fundamental human virtues which are universally shared

Who is responsible for the teaching of RSE?

- Parents
- Governors
- Headteacher
- Teachers and other staff
- Visitors and external speakers
- Parish and diocese



Who is responsible for the teaching of RSE? Parents and carers

"Sex education, which is a basic right and duty of parents, must always be carried out under their attentive guidance, whether at home or in educational centres chosen and controlled by them. In this regard, the Church reaffirms the law of subsidiarity, which the school is bound to observe when it cooperates in sex education, by entering into the same spirit that animates the parents"¹

Parents are the first educators of their children. It is their right and responsibility to inform and educate their children in matters relating to human growth and development, particularly sexual development. Therefore, schools should always seek to work in partnership with parents and carers and the teaching offered by schools should complement and not replace their primary role. The Church has a special duty and right to educate as part of its mission, and a Catholic school is the principal means by which it assists parents in their duties.

This principle that parents are the first educators of children is sometimes used as a reason for not including sexual education in school curriculums, or for excluding the elements which deal with puberty and sexual behaviour. However, the principle is a general educational principle – not one that is specific to sexual education². Given that the education process is one of partnership between parents and educators this area too must be taught in school if the parents have sought this partnership in education by electing to send their child to a Catholic school. A Catholic school can no more avoid its responsibilities in this regard than can good Christian parents. The Church's emphasis that parents are the first teachers of their children, includes the recognition that parents will need and welcome help to teach their children about love, relationships and sexuality.³

Partnership with parents

- Primary educators of children
- Unique knowledge of your children
- Ability to have regular conversations
- Impart our shared values.
- Teach alongside the school.
- RSE most effective when reinforced at home and elsewhere.

Partnership with parents

- At St Lawrence we strive to strengthen our relationship with parents/carers and we value your opinions and insights.
- Therefore we will be sending out a parent questionnaire to all parents/carers about our teaching of RSE and we will collate your views and opinions and respond to them in due course and then update our policy if needs be.



DfE- Parents rights

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this new curriculum.

Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

We are required to consult with you when developing and renewing our policies on Relationships Education. These policies will be published online and be available to anybody free of charge.

You can express your opinion, and this will help us to decide how and when to cover the content of the statutory guidance. It may also help us to decide whether to teach additional non-statutory content.

We are required to ensure our teaching reflects our Catholic ethos.



DfE - Right to withdraw your child- Primary

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

St Lawrence has chosen to teach Sex Education in year 6. I will lead another information session especially for year 6 parents in the summer term as that lesson will not be taught until after the session so year 6 parents can make an informed decision. If you do not want your child to take part in this lesson, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.

Programme details

The screenshot shows a web browser with multiple tabs open. The active tab is 'Life to the Full Plus Primary - Te'. The address bar shows the URL 'tentenresources.co.uk/programmes/life-to-the-full-plus/'. The website has a yellow sidebar on the left with a menu icon at the top. The sidebar contains four buttons: 'The Programme' (with a document icon), 'CPD' (with a person at a screen icon), 'Parents' (with a person icon), and 'Content Finder' (with a magnifying glass icon). Below these are three orange buttons: 'Subscriptions Home' (with a house icon), 'Manage Account' (with a person icon), and 'Support' (with a question mark icon). At the bottom of the sidebar, it says 'You are currently logged in as: Charlotte Moyse' and 'This programme is licensed to St Lawrence Catholic Primary'. The main content area has a 'Ten:Ten Resources' logo at the top right. Below it is the 'Life to the Full Plus!' logo. The main heading is 'PSHE / Health and Wellbeing Education for Catholic primary schools'. Below this is a subheading: 'A comprehensive PSHE curriculum add-on for your Life to the Full programme.' There are four expandable sections: 'Overview', 'EYFS', 'Key Stage 1', and 'Lower Key Stage 2', each with a plus icon to its right. The Windows taskbar is visible at the bottom, showing the search bar and several application icons. The system clock shows 12:19 on 06/09/2024.

St Lawrence AUTUMN Menu 20 x Life to the Full Plus Primary - Te x Engaging Parents - Ten:Ten Res x Parent Consultation Tool for Sci x +

tentenresources.co.uk/programmes/life-to-the-full-plus/

Ten:Ten Resources

Life to the Full Plus!

PSHE / Health and Wellbeing Education for Catholic primary schools

A comprehensive PSHE curriculum add-on for your Life to the Full programme.

Overview (+)

EYFS (+)

Key Stage 1 (+)

Lower Key Stage 2 (+)

The Programme (+)

CPD (+)

Parents (+)

Content Finder (->)

Subscriptions Home

Manage Account

Support

You are currently logged in as:
Charlotte Moyse

This programme is licensed to St
Lawrence Catholic Primary

FTSE 250 -0.75%

Search

12:19 06/09/2024

tentenresources.co.uk/

Ten:Ten Resources

To group tabs together, right-click a tab

Got it Remind me later

You are logged in as **Saint Lawrence Catholic Primary School TW13 4FF** [Logout](#)

Home Primary Secondary CPD Courses Teacher's Hub Contact

Life to the Full Online Parent Portal

Pre-school and Reception

Years 1 & 2

Years 3 & 4

Years 5 & 6

Ten Ten Resources

Life to the Full

Model Catholic RSE Curriculum – the Catholic Education Service

10:45

Welcome!

Life to the Full is a programme in Relationship and Health Education for Catholic primary schools throughout the UK.

Our Online Parent Portal contains:

14:09 01/11/2021





What does outstanding RSE in Catholic school look like?

In order for Catholic RSE to be fully effective it needs to:

- Be faithful to the Church's vision of human wholeness whilst recognising the contemporary context in which we live today;
- Involve parents as they are primary educators of their child;
- Provide a positive view of human sexuality and dignity of the human person;
- Equip young people with the ability to make practical judgments about the right thing to do in particular circumstances;
- Explore and promote virtues which are essential to promoting respect and dignity;
- Be delivered in an age appropriate way which reflects the development of the child;
- Be part of the cross-curricular work in both primary and secondary schools;
- Be sensitive to the needs of the individual pupil and recognise the mix of pupils with different sexual orientations, genders and family backgrounds in each class;
- Be taken seriously by governors and teachers as an integrated part of the broad and balanced curriculum that Catholic schools offer;
- Be delivered by competent professionals who understand the Church's teaching





The scheme has carefully developed lessons in an age appropriate manner and the learning objectives match the Department for Education's Statutory guidance.

The scheme divides the pathway into 4 keystage age groups:

Nursery/Reception (EYFS)

Year 1/2 (Key Stage 1)

Year 3/4 (Lower Key Stage 2)

Year 5/6 (Upper Key Stage 2)

One-year cycle over 3 terms

Saint Lawrence delivers the full programme for the key stage over 3 terms every year. This means that the full learning stages are run twice (e.g. the full KS1 programme is run with Year 1 and then repeated with Year 2). This is the recommended pathway from the scheme.

Each academic year is then divided into three modules from the model curricular: Each module then has a series of individual, age appropriate lessons.

[Module 1 – Created and Loved by God](#)

[Module 2 – Created to Love Others](#)

[Module 3 – Created to Live in the Community.](#)





St Lawrence AUTUMN Menu 20 x Personal Relationships – Ten Te Engaging Parents – Ten Ten Res x Parent Consultation Tool for Sci x +

tentenresources.co.uk/programmes/life-to-the-full-plus/eyfs/m-2/eyfs_2_created-to-love-others/u-2/eyfs_2-2_personal-relationships/

School, TW13 4FH. Read about licences here...

Logout

Sessions



Session 1: Who's Who?

Through an animated character called Adnan who is exploring his family tree, this session helps children learn and apply names to different family/friend/other relationships, as well as discussing 'special people' who they can trust. The session finishes with a reminder of learning from the last unit: we are all part of God's family!

Go to Session



Session 2: You've Got A Friend in Me

Through roleplay and story, this session discusses friendships with peers and the different qualities of a positive/negative relationships. Children will expand their vocabulary around this topic and learn to look to Jesus as a role model for being a good friend.

Go to Session



Session 3: Forever Friends

Through a story about Freddy Teddy struggling to share at a picnic with his friends, this session helps children consider how to resolve conflict in friendships through saying sorry and asking for/receiving forgiveness. Children will learn that when we hurt others, we also hurt Jesus – but that Jesus teaches us how to forgive ourselves and others!

Go to Session



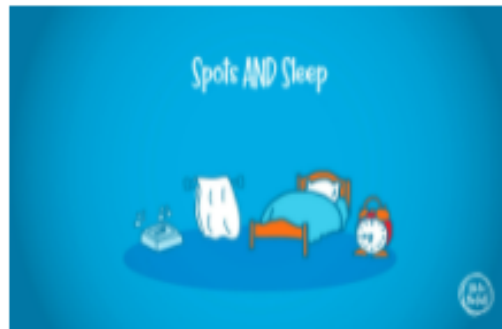
Module One: Created and Loved by God

Created and Loved by God explores the individual. Rooted in the teaching that **we are made in the image and likeness of God**, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Unit 1: Religious Understanding



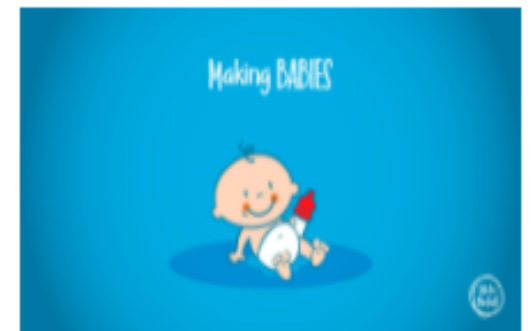
Unit 2: Me, My Body, My Health



Unit 3: Emotional Well-Being



Unit 4: Life Cycles

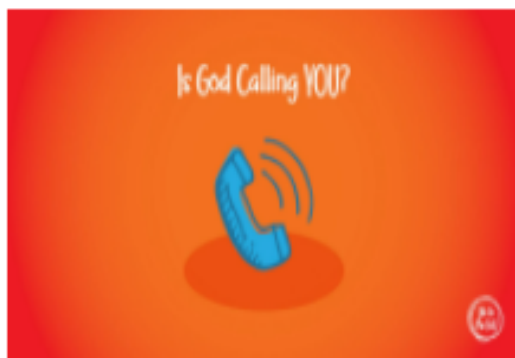




Module Two: Created to Love Others

Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how **we take this calling into our family, friendships and relationships**, and teaches strategies for developing healthy relationships and keeping safe:

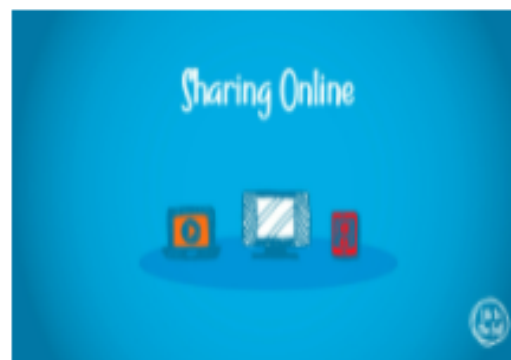
Unit 1: Religious Understanding



Unit 2: Personal Relationships



Unit 3: Keeping Safe





Module Three: Created to Live in Community

Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are **called to love others in the wider community** through service, through dialogue and through working for the Common Good.

Unit 1: Religious Understanding

Unit 2: Living in the Wider World





Online
Parent
Portal



www.tentenresources.co.uk/parent-portal

Username: st-lawrences-tw13

Password: chorizo-calamari

Answering Questions

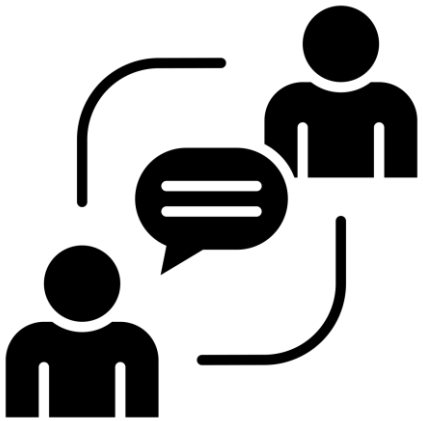
- Don't be surprised or shocked (or don't show it!).
- Every questions deserves a response, not necessarily an answer.
- Give honest, accurate answers appropriate to age and stage.
- Use correct language.
- 'Lets look it up' use the books you read to prepare.
- Show them that people continue to learn in this area.
- Try to be open (with your new knowledge and confidence!) to questions.
- Encourage them to speak to you and not find answers elsewhere. – 'I'm glad you asked me' 'that's a great question'

Parent Consultation

We are consulting on our RSE policy and will collate your responses to the questionnaire that will be sent out electronically this term to help us finalise the policy.

The school welcomes and will take account of and listen to your views. Decisions will also be based on the needs of pupils, the views of staff and governors as well as compliance with legal requirements as set out in the DfE guidance and the Equalities Act 2010.

Ultimate decisions about the curriculum and policy will be up to the school.



Timeline - What Next?

Parent Information Session 1 – Today

- Statutory requirements
- Distinctive Catholic approach



Parent consultation on policy later this term

- Please contribute to this consultation by returning the parent questionnaire online
- Parents will be informed of the conclusions that have been reached and the curriculum and policy that has been adapted via the school newsletter and publishing the policy on the school website.



Parent information for year 6 pupils date - Summer term 2025

- Curriculum and resources and the sex education lesson for year 6.

Closing Prayer

Heavenly Father,

As we come to the end of our time together we
thank you for what has been accomplished here.

May the matters discussed serve as a catalyst to
move us forward and cause us to advance and see
growth in all areas of our lives.

May we leave here recognising that you are the God
of all wisdom and you are willing to lead us forward.

This we pray in the name of Jesus the Lord,

Amen

