

PSHE Policy



“Our school is a place where we all come together as one community to learn, have fun and make lasting friendships all under God’s love and care”

Approved by:	Governing body]	Date: July 2021
Last reviewed on:	July 2023	
Next review due by:	July 2026	

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Policy aims

We are inspired by the teachings of Jesus Christ who is at the heart of all that we do.

Working in unity with our families, parish and community, we encourage and support the children to grow in faith and reach their full potential in a happy, caring and loving environment.

PSHE (Personal, Social, Health and Economic Education) is central to the educational entitlement of all children at Saint Lawrence Catholic Primary School and as a cross-curricular dimension, permeates all aspects of life in school. PSHE (Personal, Social, Health and Economic Education) is a planned programme of learning where the children acquire the knowledge, understanding and skills they need to keep themselves healthy and safe. PSHE provides the children with the building blocks in order for them to develop healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This sits alongside the essential understanding of how to be healthy. As part of our whole school approach, PSHE develops the qualities and attributes that children need to manage opportunities, challenges and responsibilities as they grow up, enabling them to thrive as individuals, family members and members of society.

PSHE is the basis for our whole curriculum and acts as a secure foundation for the building blocks of life. The world is ever changing and challenging and children need to be prepared to be a global citizen and our new curriculum embodies and supports this statement.

Legislation and guidance

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

On March 1st 2017, the Right Honourable Justine Greening, Secretary of State for Education, announced that it was her intention to make Relationships Education statutory in Primary schools from September 2020 and that content guidance will be published prior to that.

The Children and Social Work Act 2017 placed a duty on the Secretary of State for Education to make the new subjects of Relationships Education at primary and Relationships and Sex Education (RSE) at secondary compulsory through regulations. The Act also provides a power for the Secretary of State to make Personal, Social, Health and Economic Education (PSHE), or elements of the subject, mandatory in all schools. The department engaged with a wide range of interested organisations and conducted a call for evidence on the content of the subjects, and the status of PSHE.

Roles and responsibilities

The governing board

The Ethos, Staffing and Curriculum Committee of the governing body monitors this policy on an annual basis. This committee reports its findings and recommendations to the full governing body, as necessary, if the policy needs modification.

The Curriculum and Standards Committee gives serious consideration to any comments from parents about the PSHE programme, and makes a record of all such comments. Governors scrutinise and ratify teaching materials to check they are in accordance with the school's ethos.

Headteacher

The headteacher will lead, manage and monitor the implementation of the scheme of learning to ensure that PSHE remains a high profile subject in the school's development aims.

With the PSHE coordinator, he will keep the governing body informed about the progress of the subject and the scheme of work.

Other staff

Teaching staff deliver a weekly session of PSHE and are responsible for following the TenTen Life to the Full PLUS scheme.

The Coordinator will guide teachers on the planning and deliverance of the scheme.

TA's may be directed to support children during the sessions.

Organisation and planning

Aims and Objectives

At Saint Lawrence Catholic Primary School, we aim to:

- provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community
- encourage all pupils to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities, and in doing so that they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning
- enable them to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up
- learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning
- deliver Personal, Social, Health Education using Ten Ten 'Life to the Full' and other content appropriate lessons sources from elsewhere such as the PSHE Association and St John's Ambulance

Objectives:

PSHE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- have a sense of purpose
- value self and others
- form relationships

- make and act on informed decisions
- communicate effectively
- work with others
- respond to challenge
- be an active partner in their own learning
- be active citizens within the local community
- explore issues related to living in a democratic society
- become healthy and fulfilled individuals

Teaching and Learning

In school, PSHE is given discrete curriculum time, 30 minutes per week for Juniors, Infants and Foundation Stage. Our school curriculum will focus on three core learning themes: Health and Wellbeing, Relationships and Living in the Wider World. PSHE is also taught through other subjects, mainly R.E, Science and PE but also in other areas of the curriculum. For example, a topic in Science on 'Healthy Bodies' may include work on food and diet, exercise, smoking and drug and solvent abuse. By teaching pupils to stay safe and healthy and by building self-esteem, resilience and empathy, our effective PSHE programme enables staff to tackle barriers to learning and raise aspirations for all of our pupils.

Creating a safe and supportive learning environment

We will create a safe and supportive learning environment by setting clear 'Ground Rules' which is understood by both adults and children. PSHE education works within pupils' real life experiences, therefore in the course of PSHE education lessons, pupils may indicate in some way that they are vulnerable or 'at risk'. Due to the nature of PSHE education, pupils' learning may result in them seeking advice or support on a specific personal issue. Teachers cannot offer complete confidentiality; it is important for everyone's safety that teachers and pupils are clear about what can and cannot be kept confidential.

Other examples of planned opportunities

- Sponsored charitable fundraising activities take place regularly for local, national and third world charities. During Lent we have a particular focus.
- Our long standing School Council, which allows all pupils to contribute their

ideas towards the running of the school, meets regularly to organise and implement a wide range of actions and initiatives.

- Parent curriculum sessions which provide support in English, Mathematics, Developments in Religious Education and Sex Education as well as internet safety.
- Our children visit local shops and community venues, such as the local library, supermarket etc.
- Our parish priest contributes to monthly school bulletins to keep parents up to date on parish events. School events are also included in the parish bulletin.
- National, termly and yearly events and theme days such as 'Anti Bullying Week' and ' Children's Mental Health Week' where the children explore important issues
- In the Juniors, children take on responsibilities such as ' friendship buddies', 'display monitors', 'reading buddies', 'stationary monitors', 'library monitors', 'PE monitors' across the year groups and younger children take similar roles on within their classrooms.
- Year 2 have a visit from the Fire Brigade for Fire Safety.
- Year 4 have swimming sessions weekly for parts of the year.
- On occasion, external visitors will visit the school to deliver a age appropriate, inspirational and informative session about PSHE specific subjects such as democracy and keeping safe.
- Year 6 pupils undertake a Cycling Proficiency course, work with KS1 children during lunch times and are involved with high school liaison, including visits, during their Summer term.
- Certain year groups are offered after school cooking club to influence healthy eating.

- Children are offered before school sport and activity sessions to encourage keeping active and healthy living.
- The school provides a whole range of lunch time and after school clubs which add and enhances the experiences and learning for all our children and helps to cement them into well rounded personas

See our EYFS policy for information on how our early years curriculum is delivered.

Inclusion

As far as is appropriate, pupils with special educational needs will follow the same PSHE education programme as all other pupils. Careful consideration will be given concerning the level of differentiation needed, and in some cases the content or delivery will have to be adapted. Teachers and/or learning support assistants will work with individual pupils where required, and if appropriate. It is not the school's policy to withdraw pupils with special educational needs from PSHE education to catch up on other national curriculum subjects: these aspects of personal and social development are as important to all pupils as their academic achievement. For more able pupils, teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

The DfE Guidance 2019 (p. 15) states, "Schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect. Schools must ensure they comply with the relevant provisions of the Equality Act 2010."

At Saint Lawrence Catholic Primary School we promote respect for all and value every individual child. We acknowledge diversity within our school and local community embracing the unique characteristics which each group or individual brings to our school.

Monitoring arrangements

Monitoring of PSHE is carried out by the PSHE Co-ordinator through learning walks, evidence in books and evidence in the EYS, staff questionnaires, pupil voice and discussions/ questionnaires. PSHE education is reported to parents in end of year reports.

7. Links with other policies

This policy is to be read alongside the RSE policy.

This policy is strongly linked to our faith based education and hence runs alongside our RE policy.

This policy also is closely linked to Science and PE.