

Nasal Flu and IM Flu Vaccinations

School Aged Immunisation
Service



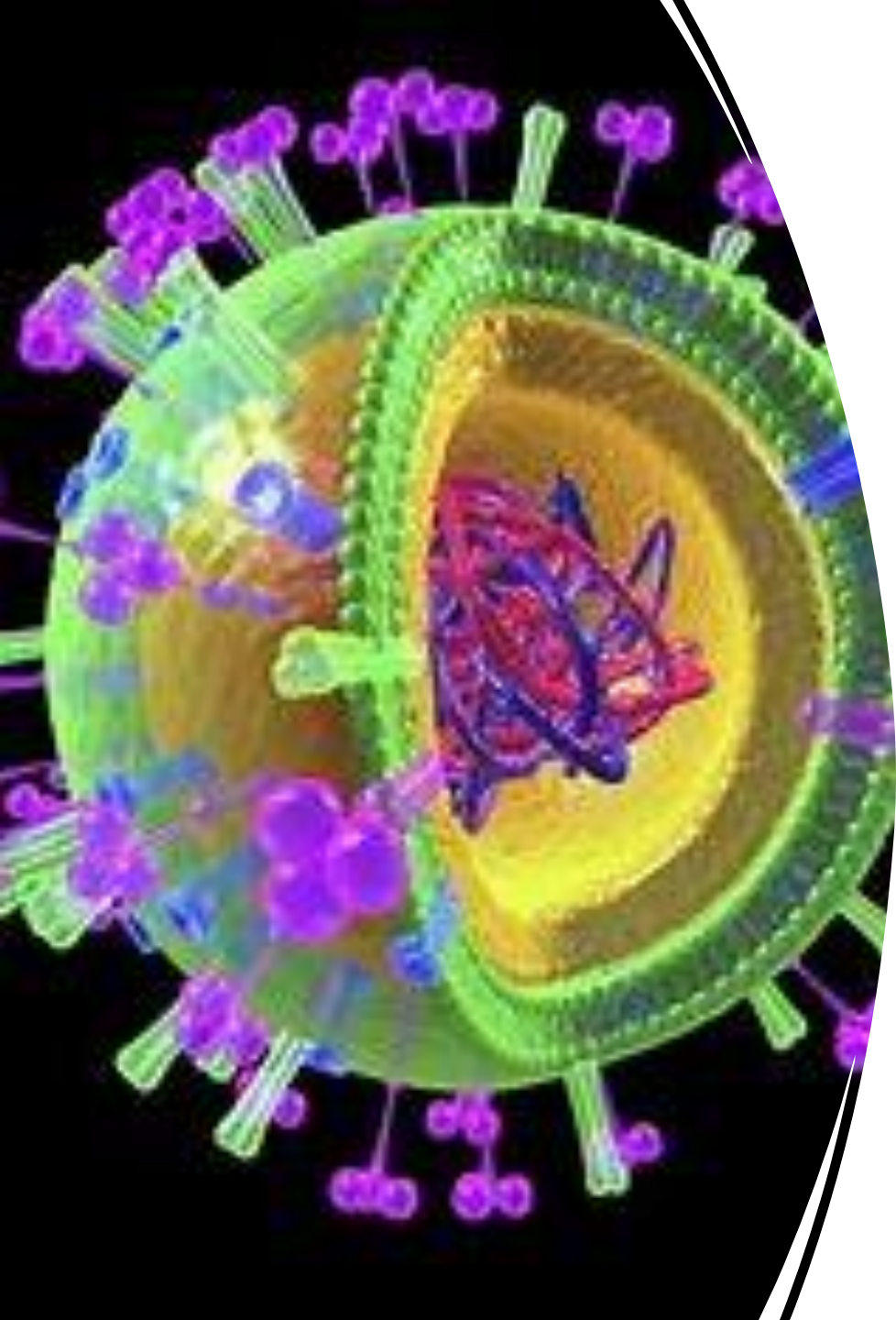
Vaccination UK



What we do.

- We see school age children in schools, homes and community settings to offer the following:
- Primary School and up to year 11 annual nasal or injectable flu vaccine
- Year 8: Human Papillomavirus (HPV)
- Year 9: Diphtheria, Tetanus, Polio and Meningitis ACWY
- Catch up vaccinations up to year 11, in school and clinic settings.
- MMR catch ups (5-16 year olds)





What is Flu?

Flu is caused by an Influenza virus that can be spread from tiny airborne droplets

It is a common infection that can be spread to other people through coughing and sneezing from someone who already has the flu.

You can also get it from touching a surface with the virus on it and then touching your mouth, nose or eyes.

It can infect your nose, throat and lungs and usually lasts for several days to weeks.

However, some people are at higher risk of developing serious flu complications, such as the elderly, young children and people with chronic medical problems

FLU SYMPTOMS

SYMPTOM



PAIN IN MUSCLES



COUGH



FEVER



HEADACHE

PREVENTION



PROTECTION MASK



EXERCISE



ENOUGH REST



WARM WATER

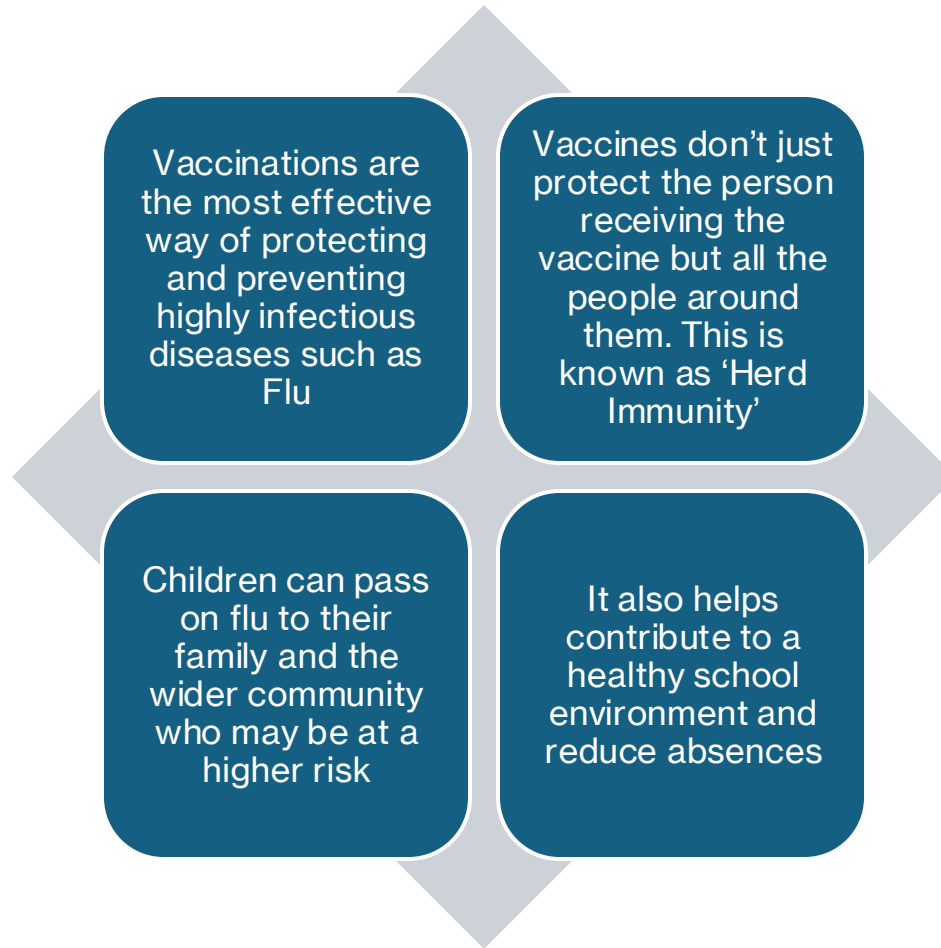


RINSE HAND



EAT VITAMIN C

Why is it important to be vaccinated?



Nasal Flu vaccine vs IM Flu vaccine

Nasal Flu Vaccine- Spray in each nostril

Advantages:

- Not invasive and causes less discomfort
- Its free
- Pain free
- More effective than IM
- Gives you immune system a boost

Disadvantages:

- Not everyone can have it as it is a live vaccine i.e immunocompromised
- Contains porcine gelatine
- Some children do not like feeling of spray being put in their nose

IM Flu Vaccine- Injection on the top of your deltoid muscle

Advantages:

- Its quick and easy
- Its free
- You can have your jab and be around immunosuppressed relatives
- Its porcine free
- It is an alternative option for you to be protected
- Gives your immune system the boost it needs for the winter

Disadvantages:

- Injections can leave your arm sore
- It is less effective than the nasal flu

Possible Side Effects...

Like all medicines, these vaccine can cause side effects, although not everybody gets them

Nasal Flu

Very common (may affect more than 1 in 10 people):

- runny or stuffy nose, reduced appetite, weakness

Common (may affect up to 1 in 10 people):

- fever, muscle aches, headache

IM flu

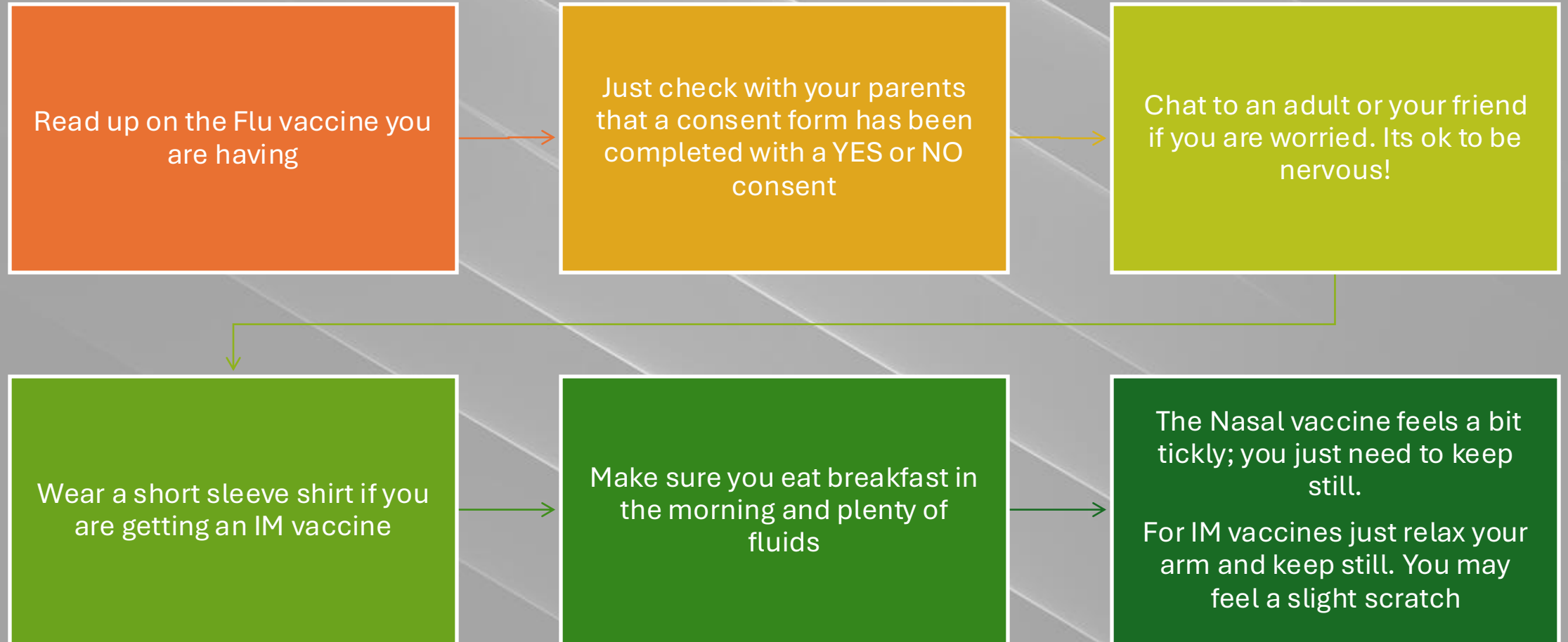
Very common (may affect more than 1 in 10 people):

- Headache, muscular pain, generally feeling unwell, shivering, reactions at the injection site: pain, swelling, redness and hardness.

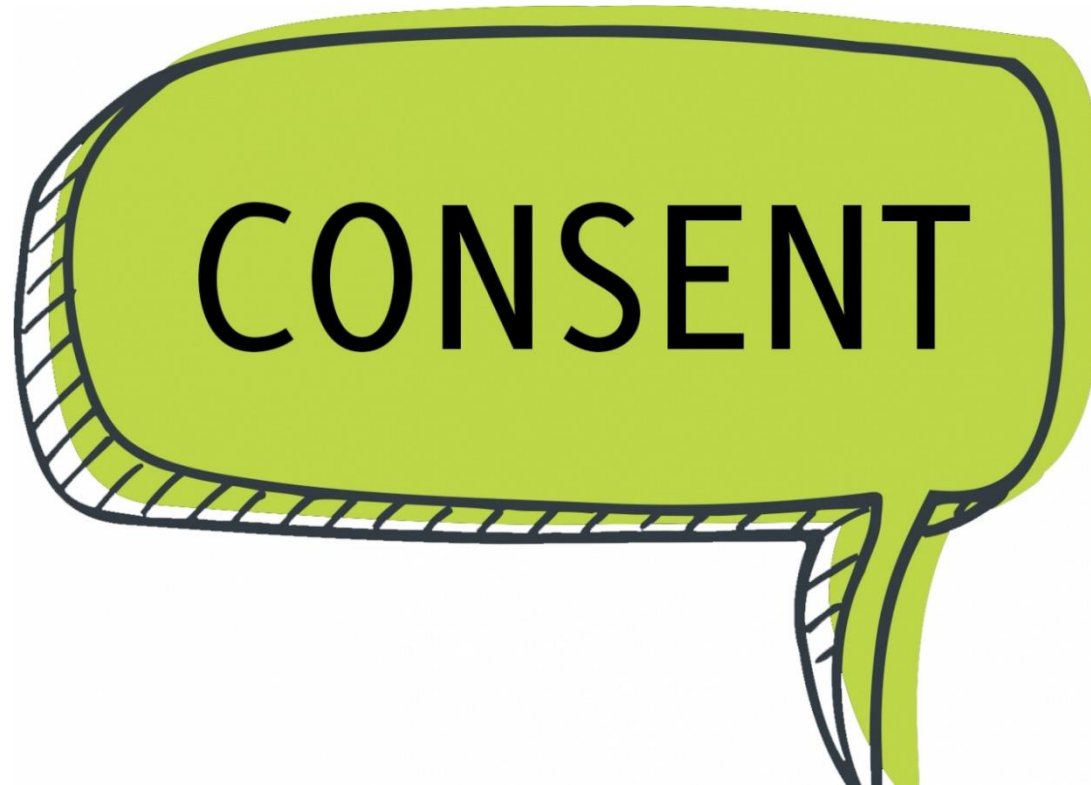
Common (may affect up to 1 in 10 people):

- Fever, bruising at the injection site.

What do you need to do



Consent forms



- We will not give you your vaccination without receiving your consent form.
- Make sure you ask your parents to fill in the e-consent sent via your parent's email.
- Young people from Year 8 can give or refuse consent if considered competent to do so by nursing staff.



Primary and
High School



Year 8



Year 9

Flu Vaccinations



HPV Vaccination



DTP & Meningitis
ACWY

UK Vaccination Schedule;

- [The complete routine immunisation schedule from September 2023 \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

We deliver school aged vaccinations, all other vaccinations are done through the child/young person's GP.



Any Questions?