

St Lawrence Primary School

ALLERGY AWARE MENU

Suitable for pupils with allergies within the 14 EU

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy
Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Jacket Potato with Baked Beans & DF Cheese 681015	Bunless Homemade Beef Burger 688325	Lemon & Herb Roast Chicken 725329	Beef Bolognese with GF Pasta 679680	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	Stir Fried Chickpeas & Vegetables 738549	Bunless Spinach & Chickpea Burger 679531	DF/GF Veggie Supreme Pizza 679590	DF/GF Cheesy Tomato Pasta 679533	Lightly Spiced 'Plant Based' Chicken 744561
SIDES	Crispy Garlic Potatoes 711288	Homemade Potato Wedges & Texan BBQ Baked Beans 716095	Spiced Rice & Grilled Corn 711388	Chef's Salad 630035	Baked Beans or Peas 640466
PASTA & JACKET	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Vanilla Cake 679611	GF Apple Crumble 688416	Fruit Jelly 630866	Fruit Jelly 630866	Peaches 738512
Fresh Fruit NO DAILY SALAD BAR					

**Only serve
what is on this
menu.**

**This menu
must be used
everyday for
children with
allergies to
the 14 EU.**

DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

STOP AND THINK!

Have you completed the Student Allergen Management Record?



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF Meat Feast Pizza 679675	Stir Fried Chicken with Steamed Rice 680386	Roast Chicken & Gravy 632129	Beef Bolognese with GF Pasta 679680	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	DF/GF Cheese & Tomato Pizza 670572	Stir Fried Chickpeas & Vegetables with Steamed Rice 681135	Jacket Potato with Baked Beans & DF Cheese 681015	Roasted Vegetable Bolognese with GF Pasta 681102	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Homemade Potato Wedges & Sweetcorn 644277	Stir Fried Greens 630271	Seasonal Greens 641529	Chef's Salad 630035	Baked Beans or Peas 640466
PASTA & JACKET	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Chocolate Cake 679600	AA Berry Sponge 783748	AA Berry Sponge 783748	AA Lemon Cake 679656	Fruit Jelly 630866
Fresh Fruit NO DAILY SALAD BAR					

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DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Mexican Chicken 713608	Beef Bolognese with GF Pasta 679680	Roast Chicken & Gravy 632129	AA Chicken Curry with Rice 679529	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	Baked Cajun Chickpea & Pepper Stew 725463	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	Roasted Vegetable Bolognese with GF Pasta 681102	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Steamed Rice & Green Beans 640417	Chef's Salad 630035	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Seasonal Greens 641529	Baked Beans or Peas 640466
PASTA & JACKET	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Lemon Cake 679656	GF Summer Berry Crumble 738521	AA Lemon Cake 679656	Fresh Fruit 638179	AA Chocolate Cake 679600
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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